

	Individually based	Small groups (between 4 and 6 participants)	Big groups (no maximum amount of participants)
Healing Center (municipality of Xocchel, Yucatán)	<ul style="list-style-type: none"> - Reiki Treatment - Essenian Healing - Essenian Healing Journey - Essenian Healing Journey training - Pleiadian Healing - Reiki Master training* - Essenian Master training* 	<ul style="list-style-type: none"> - Incentive Basics of Spirituality (learn how to meditate etc.) - Reiki Course (2 days)** - Essenian Workshop (2 days)** - Essenian Healing Journey training - Teachings of Maya Calendar - Teaching and Meditation: Connecting to the Earth and energize your chakras - Conference: The origins of Mankind - Conference: The Maya & the Essenes 	<ul style="list-style-type: none"> - Incentive Basics of Spirituality (learn how to meditate etc.) - Teachings of Maya Calendar - Teaching and Meditation: Connecting to the Earth and energize your chakras - Conference: The origins of Mankind - Conference: The Maya & the Essenes
On agreed upon location	<ul style="list-style-type: none"> - Reiki Treatment - Essenian Healing - Essenian Healing Journey - Essenian Healing Journey training - Reiki Master training* - Essenian Master training* 	<ul style="list-style-type: none"> - Incentive Basics of Spirituality (learn how to meditate etc.) - Reiki Course (2 days)** - Essenian Workshop (2 days)** - Essenian Healing Journey training - Teachings of Maya Calendar - Teaching and Meditation: Connecting to the Earth and energize your chakras - Conference: The origins of Mankind - Conference: The Maya & the Essenes 	<ul style="list-style-type: none"> - Incentive Basics of Spirituality (learn how to meditate etc.) - Teachings of Maya Calendar - Teaching and Meditation: Connecting to the Earth and energize your chakras - Conference: The origins of Mankind - Conference: The Maya & the Essenes

* *Reiki Master Training can be done partially at distance / Essenian Master training in certain cases as well*

** *Reiki 1st and 2nd degree are 2 day-courses / Essenian Workshop Level 1 & Level 2 are too*